

## Transition Belper Newsletter - July 2013

In this issue...

- Transition Belper meeting
- Energy Descent Action Plan
- Belper Open Gardens
- Food and Drink Fair
- Belper Train Station Green Spaces
- Car-free Challenge
- Skill share workshops
- The power of just doing stuff
- British Wildlife Photography Awards
- Transition Belper Facebook Groups
- Contact

# Transition Belper meeting - Sustainable Food

Tue. 2nd July 7:30pm - Strutt Community Centre

Our next meeting on Tuesday 2nd July will have two guest speakers who are both running Social Enterprises locally and will be speaking about Sustainable Food.

Nathan Jackson of Green Health Enterprises (as seen at Belper Goes Green) talk and discussion is titled 'ROOTS n SHOOTS'

Helen Cunningham of DE4 Food (and Transition Matlock) will be getting us to think about SUSTAINABLE FOOD.

Food and its sustainability is a topic that we are all interested in and it should be a really interesting evening. All are welcome, its free to attend and the meeting will start at 7:30pm - See you there.

## **Energy Descent Action Plan meeting**



The next EDAP planning meeting will be held on **Monday 8th July at the Old King's Head, Days Lane**, Belper at 8.00. We'll be discussing all the responses to our consultation exercise at Belper Goes Green. Under the overall heading of "How can we make Belper greener?" we asked:

- What will be the biggest change to life in Belper by 2030?
- How can reduce reliance on fossil fuels?
- How can we produce more of our own food?
- What would make Belper a happier more positive community?

Everyone is welcome to come along and get involved in helping to develop our plan for our future.

# Belper Open Gardens

After last year's success, Belper - the 2012 large town winner of *Britain in Bloom* - is opening its delightful gardens again. Meander through the historic streets of Belper and enjoy a variety of private gardens, public parks and award winning eateries. 26 gardens are open in total, some on Saturday 29th June, some on Sunday 30th and a few on both days, from 11 to 4. Refreshments, plant sales and entertainment will be on offer. All proceeds from entrance fees, which are £3 per adult (children go free) will go to a number of local charities. Tickets can be bought from Fresh Basil Deli or St Peter's Church. For further information, ring Kathy on 07779412702.

## Food and Drink Fair - King Street, Belper on Sunday 14th July



We'll have our usual stall and there's a bunch of people who've been nurturing some herb seedlings to sell.





We have been shortlisted in the East Midlands Stations Awards - Community Partnership Award. It is great to have the work by volunteers from the Belper community at the station recognised both by East Midlands Trains and the media. We were interviewed and appeared on BBC East Midlands Today programme and BBC Radio Derby during June. We are in need of more volunteers to help us continue with this worthwhile work. Numerous commuters have commented that they feel much safer and more comfortable at the station since it became obvious that it was being looked after and that they are more likely to use it now. Thus, the work at the station not only makes Belper a more attractive place, improves the benefits for the wildlife, but it also promotes the use of this sustainable mode of transport.

If you would like to get involved, email Kathy or ring her on 07779412702.

# **Car-free Challenge**



In July, August and September we are inviting you to swap one journey a week that you usually make by car, and make it instead by walking, cycling, using the bus or using the train. Entries will be entered into a prize draw, drawn on 7th October. World Carfree Day is on 22nd September. Forms will be available on the website from Monday 1st July The Transition Belper **Travel & Transport Group** are extremely excited about enabling people in Belper to travel more sustainably, and the positive benefits this will bring to our health, our money and the environment. To find out more, please see <a href="www.transitionbelper.org">www.transitionbelper.org</a>, e-mail <a href="mailto:info@transitionbelper.org">info@transitionbelper.org</a> or phone Jennie on 07724560827. The next meeting will be on **Thursday 25th July at the Old King's Head**, Days Lane, Belper at 7.30pm

## **Skill share workshops**

**Basic Bike Maintenance Skill Share Workshop** 

Saturday 6th July - POSTPONED, To be rearranged Spring 2014

## **Bread Making Workshop**

Saturday 10th August - 6pm to 9pm, Venue in Belper (details given when booking)

Numbers limited to 6 participants

Call Rob on 07724 134 982 or e-mail rob@sagegreencuisine.co.uk

Learn how to make a simple loaf of bread using only 4 ingredients, with Rob from Sage Green Cuisine. All ingredients are provided, please bring an apron, a mixing bowl (and a loaf tin if possible). Whilst waiting for the bread to prove, there will also be a demonstration of how to make a vegetarian pate that could be served with fresh bread.

To cover ingredients, there is a suggested donation of £3.

# The power of just doing stuff

Want to understand where Transition came from and what it has already achieved? Check out Rob Hopkins new book, just released.

#### How local action can change the world

Something is stirring. People around the world are deciding that the well-being of their local community and its economy lies with them. They're people like you. They've had enough, and, rather than waiting for permission, they're rolling up their sleeves, getting together with friends and neighbours, and doing something about it. Whether they start small or big, they're finding that just doing stuff can transform their neighbourhoods and their lives.

The Power of Just Doing Stuff argues that this shift represents the seeds of a new economy – the answer to our desperate search for a new way forward – and at its heart is people deciding that change starts with them. Communities worldwide are already modelling a more local economy rooted in place, in well-being, in entrepreneurship and in creativity. And it works.



# To all walkers and wildlife lovers!

This is to let you know that the British Wildlife Photography Awards (2011) are coming to the Grand Pavilion, Matlock Bath this summer.

Whether it is otters, starfish, kingfishers or harvest mice you will be delighted and inspired by this celebration of British wildlife.

Open daily 6th July – 1st September 2013 10.30 – 5, last entry 4.30

Admission is £5 for adults and £12.50 for a family group

For more information: www.thegrandpavilion.co.uk

Please forward this flyer to any of your contacts who might be interested!

This exhibition is run in partnership with the Grand Pavilion and the Peak District Mining Museum, by social enterprise Crane Gregory Projects



**Lost:** The main Belper Goes Green banner that was on the Rugby Club gates is missing. If you know of its whereabouts or what happened to it please contact <u>David</u> or phone him on 07812 300311

#### **Transition Belper Facebook Group**

Keep up-to-date with the latest developments and join any discussions on Facebook. <u>Join us here</u>

#### Belper's fruit and veg grower's forum

There is a Facebook Group locally for exchanging tips and ideas for your garden and anything to do with growing fruit and veg. Join the Forum here

### HelpReUpcycleDE56

A Local group to advertise for Recycling, Upcycling, Neighbourly Help & Advice, Lending & Borrowing in the DE56 Area. Join us here

#### Contact

The trustees of Transition Belper are:

Chair - lan Jackson

Secretary - Richard Keighley

Treasurer - Adrian Rochford

Core Group - Craig Scott

Core Group and Energy Group leader- David George

Core Group and Community Gardens organiser - Kathy Fairweather

Core Group and Transport Group leader - Jennie Lindop

Trustee - Mick Hepworth

Or you can contact us via the Transition Belper email address: info@transitionbelper.org

Follow us on Twitter @tbelper